

| Date | Fixture | Age Grp | Venue |
|----------------------|--|-----------|-----------------|
| September | | | |
| 24 - Sun | SEAA Road Relays | ALL | Crystal Palace |
| 30 - Sat | NWLL – Race 1 | YA | Perivale |
| October | | | |
| 01 - Sun | Standalone 10k - Herts Sen champs | SEN , VET | Letchworth |
| 03 - Tues | Chingford League – Race 1 | ALL | Hog Hill |
| 05 - Thur | CLUB AGM | ALL | Club House |
| 14 - Sat | Metropolitan League – Race 1 | ALL | Claybury |
| 21 - Sat | SEAA X/C Relays | SEN, VET | Wormwood Scrubs |
| 21 - Sat | Chingford League – Race 2 | ALL | Hackney |
| 28 - Sat | NWLL – Race 2 & North of Thames / Liddiard | ALL | Kingsbury |
| 28 - Sat | BMAF X/C Relays | VET | Long Eaton |
| November | | | |
| 03 – 06 Fri - Mon | Sandy Balls Training Weekend | ALL | New Forest |
| 04 - Sat | North London Champs | ALL | Perivale |
| 07 - Tues | Chingford League – Race 3 | ALL | Hog Hill |
| 11 - Sat | Metropolitan League – Race 2 | ALL | Stevenage |
| 18 - Sat | London X/C Champs | ALL | Parliament Hill |
| 25 - Sat | NWLL – Race 3 & Fraternity / Sorority Cup – incorporating Barnet & District Club Champs | ALL | Trent Park *** |
| December | | | |
| 02 - Sat | Metropolitan League – Race 3 | ALL | Uxbridge |
| 09 - Sat | SEAA Vets & Inter-Counties X/C | ALL | Horspath |
| 15 - Fri | Christmas Party / Awards Evening | ALL | Club House |
| 16 - Sat | Christmas Special Mudfest | ALL | Trent Park |
| 26 - Tues | Boxing Day Handicap | ALL | Club House *** |

| | | | |
|-----------------|---------------------------------|----------|-----------------|
| 30 - Sat | Chingford League – Race 4 | ALL | Ally Pally |
| Date | | | |
| January | | | |
| 06 - Sat | Middx X/C Champs | ALL | tbc |
| 07 - Sun | Herts X/C Champs | ALL | tbc |
| 13 - Sat | Metropolitan League – Race 4 | ALL | Wormwood Scrubs |
| 27 - Sat | Southern X/C Champs | ALL | tbc |
| February | | | |
| 02 - Fri | Club Quiz night | ALL | Club house |
| 10 - Sat | Metropolitan League – Race 5 | ALL | Trent Park *** |
| 17 - Sat | Chingford League – Race 5 | ALL | Victoria Park |
| 17 - Sat | NWLL – Race 4 | YA | Harrow |
| 24 - Sat | National X/C Champs | ALL | Parliament Hill |
| March | | | |
| 03 - Sat | NWLL – Race 5 | YA | Wormwood Sc |
| 10 - Sat | Chingford League Relays | ALL | Wansted Flats |
| 11 - Sun | Herts / Middx Masters X/C | VET | tbc |
| 24 - Sat | SEAA 6 & 12 Stage Road Relays | ALL | tbc |
| 24 – Sat tbc | Orion 15 mile | SEN, VET | Epping Forest |
| April | | | |
| 22 - Sun | Virgin London Marathon & Mini M | ALL | London |

Legends

*** Home Fixture

YA – Young Athletes, SEN – Seniors, VET– Veterans

North West London League (NWLL)

X/C races for young athletes 9yrs+ at local venues.

Chingford League

Comprises three road races, two X/C and a relay. YAs from 11yrs +.

Metropolitan League

Five X/C races, separate 6k women & 8k men & YAs from 9yrs +

Team Manager Contact Details:

Men & Women's Cross Country Team Managers

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Young Athlete's Cross Country Team Managers

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Fixtures listed are accurate at time of going to press but may be subject to change. You are strongly advised to check with Team Managers in advance to confirm event details. Any amendments will be posted on the web site.

BARNET & DISTRICT A.C.



Fixture List

Winter 2017 / 2018

www.barnetadac.com