



CODE OF CONDUCT FOR CLUB COACHES

All Club Coaches and Leaders must comply with the UKA guidance on Coach ethical conduct and practice as summarised below.

- Consider the wellbeing and safety of participants before the development of performance.
- Develop an appropriate working relationship with participants, based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part.
- Promote the positive aspects of the sport (eg fair play).
- Display consistently high standards of behaviour and appearance.
- Follow all guidelines laid down by UK Athletics and the club including maintaining appropriate ratios of athlete to coach.
- Hold appropriate valid qualifications and insurance cover.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Never condone rule violations, rough play or the use of prohibited substances.
- Encourage participants to value their performances and not just results.
- Encourage and guide participants to accept responsibility for their own performance and behaviour.

Coaches must not undertake massage / rehabilitation with young athletes